



The 10 rules of responsible tourism



1

Visit during the off-peak season

Every season: a new colour and many activities. By avoiding peak season, you will enjoy more and better and reduce your impact on the environment.

2

Plan your visit

Accommodation, activities, restaurants, etc. Choose quality service providers that are committed to the environment and community.

3

Do your research

Before exploring the local area, visit one of the information centres to find out how much you can do and how to do it. Further info: atraccionatural.cat

4

Take your time when travelling

Cycling is a perfect way to explore the completely flat terrain at a leisurely pace.

5

Discover a unique local heritage

Preserve our heritage so it can be enjoyed. Integrate and respect our community in order to fully discover our history, culture and traditions.

6

Avoid the butterfly effect

Explore our natural heritage but follow the rules and guidelines in order to preserve the fragile ecosystem.

7

Enjoy the cuisine km0

Local and seasonal. From the river, sea and land. Traditional but also innovative. You will fall in love with Delta cuisine.

8

Buy local

Contribute to the local economy by buying from smaller traditional shops.

9

Minimise and optimise

Use natural resources, such as water, economically and avoid single-use plastics. Do not leave a carbon footprint.

10

Set an example for others

By participating in sustainable tourism, you help to look after the environment and encourage others to do the same. Thank you.



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CONSELL DE RIUMAR OPENING HOURS

Tourist information and citizen services

From 14 June to 12 October and during Easter

> **Monday to Saturday:** 10 am to 2 pm and 4 pm to 7 pm

> **Sunday and Bank Holidays:** 10 am to 2 pm

Rest of the year

> **Friday:** 4 pm to 7 pm

> **Saturday:** 10 am to 2 pm and 4 pm to 7 pm

> **Sunday and Bank Holidays:** 10 am to 2 pm